

PROTECT YOURSELF, YOUR EMPLOYEES AND LOVED ONES AGAINST THE FLU THIS SEASON

Approximately up to 30% of Europe's population get the flu each year, causing hundreds of thousands of hospitalisation across Europe*

* <https://ecdc.europa.eu/en/seasonal-influenza/facts/factsheet>

WAYS TO MINIMISE EXPOSURE

-  **WASH YOUR HANDS FREQUENTLY AND USE AN ALCOHOL-BASED HAND SANITISER**
-  **AVOID OTHERS WHO ARE SICK**
-  **CLEAN AND DISINFECT SURFACES**
-  **GET THE ANNUAL FLU VACCINATION**
-  **COVER YOUR MOUTH AND NOSE WHEN SNEEZING OR COUGHING**
-  **STAY AT HOME WHEN SICK**
-  **WASH YOUR TABLEWARE THOROUGHLY**

PROTECTION STARTS WITH PREVENTION!

ECOLAB®
Everywhere It Matters.™

For more information visit: <https://en-uk.ecolab.com/pages/seasonal-flu-be-prepared>

THE FLU KNOWS NO BOUNDARIES

In play a child knows no boundaries, neither does the flu! The Flu does not respect age or geography or the many places we gather. So wherever you are in life or the world. Whomever you may be with. Whether you're on the job or surrounded by friends, protect yourself and loved ones against influenza this season. *Because life is precious in all its stages.*



WASH YOUR HANDS FREQUENTLY AND USE AN ALCOHOL-BASED HAND SANITISER



GET THE ANNUAL FLU VACCINATION



AVOID OTHERS WHO ARE SICK



COVER YOUR MOUTH AND NOSE WHEN SNEEZING OR COUGHING



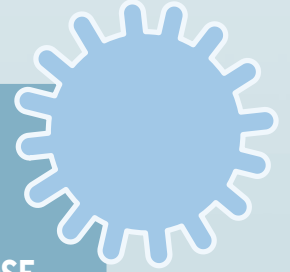
CLEAN AND DISINFECT SURFACES



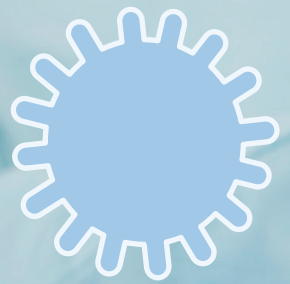
WASH YOUR TABLEWARE THOROUGHLY



STAY AT HOME WHEN SICK



7 WAYS TO MINIMISE EXPOSURE










PROTECTION STARTS WITH PREVENTION!

ECOLAB
Everywhere It Matters.™

For more information visit: <https://en-uk.ecolab.com/pages/seasonal-flu-be-prepared>

THINK THE FLU IS NO BIG DEAL? THINK AGAIN

Seasonal Flu is a contagious respiratory infection, generally transmitted through human to human contact, accompanied by fever and often with respiratory complications.

-  WASH YOUR HANDS FREQUENTLY AND USE AN ALCOHOL-BASED HAND SANITISER
-  AVOID OTHERS WHO ARE SICK
-  CLEAN AND DISINFECT SURFACES
-  STAY AT HOME WHEN SICK
-  GET THE ANNUAL FLU VACCINATION
-  COVER YOUR MOUTH AND NOSE WHEN SNEEZING OR COUGHING
-  WASH YOUR TABLEWARE THOROUGHLY

THE FLU. 7 WAYS TO MINIMISE EXPOSURE



PROTECTION STARTS WITH
PREVENTION!

ECOLAB
Everywhere It Matters.™

For more information visit: <https://en-uk.ecolab.com/pages/seasonal-flu-be-prepared>