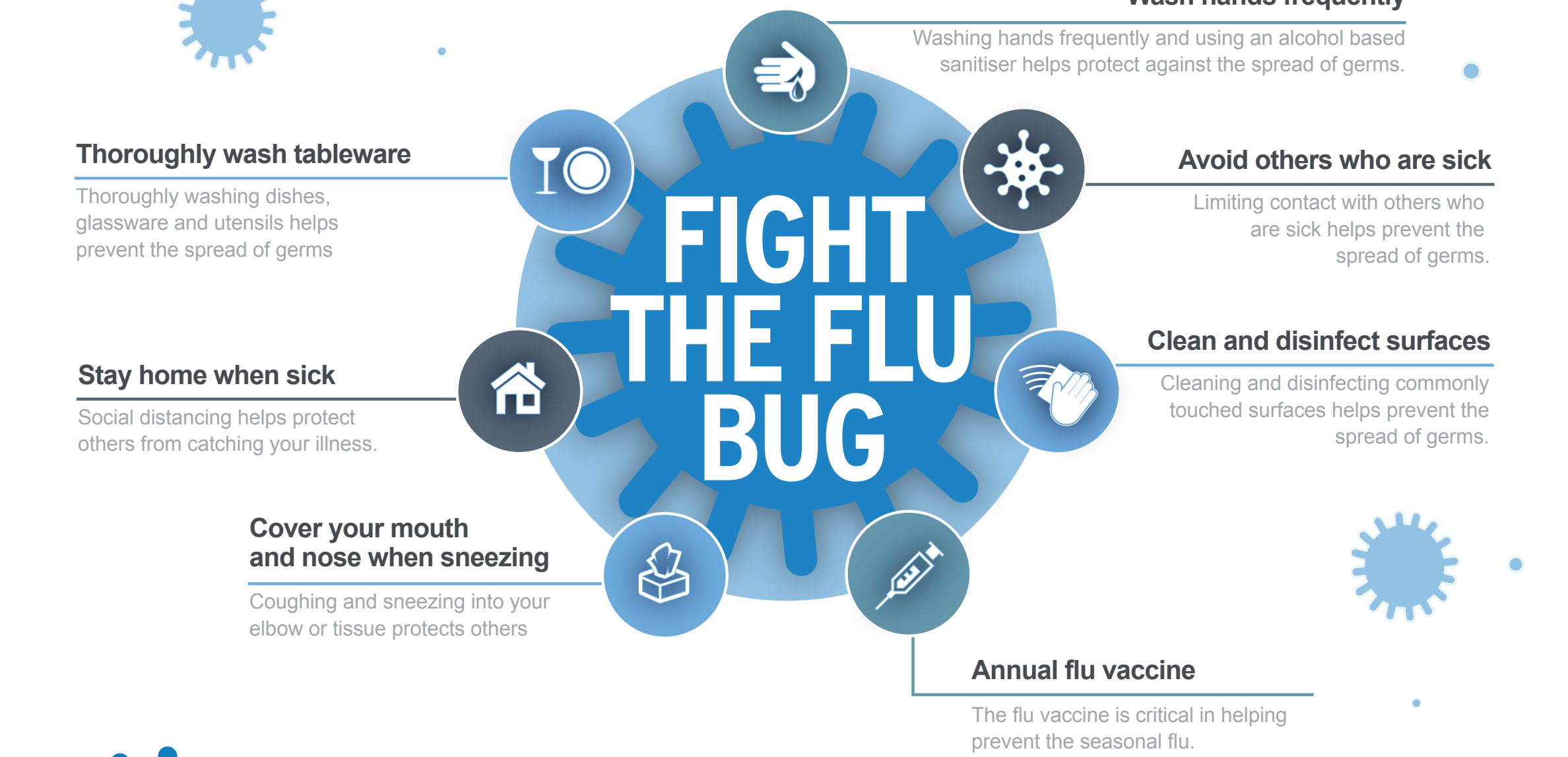


HUMAN

# INFLUENZAVIRUS

## 7 WAYS TO MINIMISE EXPOSURE



PROTECTION STARTS WITH PREVENTION!

### Protection starts with prevention

**Flu or influenza:**  
Seasonal influenza or flu is a preventable infectious disease with mostly respiratory symptoms. It is caused by influenza virus and is easily transmitted.

#### Groups most susceptible to influenza:

##### CHILDREN UNDER 5 YEARS

**Children are more likely to get the flu or have flu-related complications because their immune systems are still developing.**

Chronic health conditions further increase the risk of flu complications for children between 2 months and 5 years of age:

- Heart disease
- Diabetes
- Asthma

Children account for:

90%

OF FLU-RELATED PEDIATRIC DEATHS WERE NOT VACCINATED

20,000

OF FLU-RELATED HOSPITALIZATIONS

##### ADULTS OVER 65

**A weakened immune system makes flu a more serious problem for this group.**

Chronic health conditions further increase the risk of flu complications:

- Heart disease
- Diabetes
- Lung disease

65+ account for:

90%

OF FLU-RELATED DEATHS

60%

OF FLU-RELATED HOSPITALIZATIONS

#### The effects of influenza across Europe:

Up to 30%

of Europe's population gets the flu each year



Which in turn has a significant economic impact due to sick days and the consequent losses to production.

Can cause **hundreds of thousands** of hospitalisations across Europe annually



#### The influenza A virus can survive on hard surfaces up to 48 hours or more.



Flu is spread by droplets made when people with flu cough, sneeze or talk.



Flu viruses enter the body through your nose, eyes and mouth.



Keep hands germ-free with frequent and thorough hand washing.

#### Ecolab annual germ fighting numbers, in 2018 we helped our customers;

Clean more than **40 billion** hands



Clean **6 million** patient rooms

Delight guests with more than **800 million** clean hotel rooms



Support clean kitchens, serving **45 billion** restaurant meals

And we work to help healthcare facilities reduce the risk of HAIs for as many as **10,000** people

### Germ Fighting Solutions.



#### HANDWASHING

- Washing your hands is one of the first defenses in fighting the flu.

MORE



#### SURFACE CLEANING

Clean and disinfect surfaces frequently to prevent their role in the transmission of the seasonal flu.

MORE



#### MACHINE WAREWASHING

Thoroughly washing dishes, glassware and utensils helps prevent the spread of germs.

MORE

Use biocides safely. Always read the label and product information before use.

For more information contact your Ecolab Sales and Service Associate or visit <https://en-uk.ecolab.com/pages/seasonal-flu-be-prepared>

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